

# SCRUM FACTORY

BERKSHIRE RUGBY REFEREES





# INTRODUCTION





# WHAT'S YOUR THOUGHTS?

- **OF THE SCRUM AND ITS IMPORTANCE TO THE GAME**
- **THE EXPERIENCES YOU HAVE OF THE SCRUM IN MATCHES**
- **WHAT ARE YOUR CONCERNS IN REFEREEING THE SCRUM?**
- **WHAT DO YOU HOPE TO GET FROM THE NEXT 30-40 MINUTES?**



# “ **WHAT PEOPLE SAY.....**

**“YOU MUST BE CHEATING SOMEHOW, I CAN'T SEE HOW BUT THERE'S SOMETHING NOT RIGHT BECAUSE WE NEVER GET BEATEN”**

**”**

**“I KNOW YOU'RE DOMINANT, BUT I NEED TO MAKE SURE YOU'RE LEGALLY DOMINANT”**

**“MY ASSESSOR WATCHED YOU LAST WEEK AND I KNOW YOUR PROP DOES .....**”

**“WE'VE BROUGHT IN OUR BIG PLAYERS, BECAUSE WE KNOW YOU'RE GOOD”**



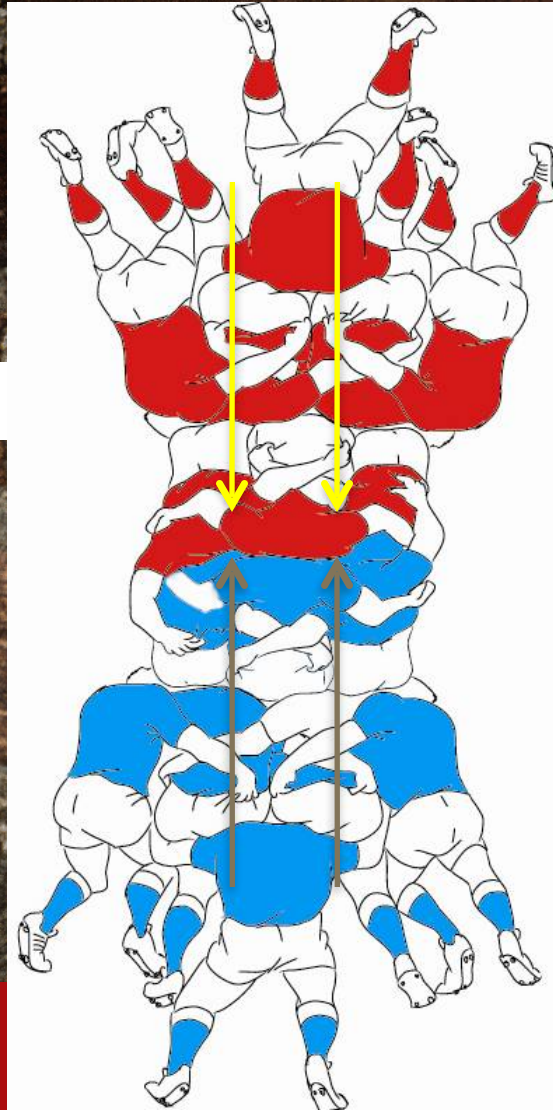
# THE HOW....

- **PRACTICE, PRACTICE, PRACTICE**
- **LEARN FROM FAILURES**
- **TAKE A CONCEPT AND DEVELOP IT**
- **WATCH AND LEARN**
- **SAFETY AT ALL TIMES**
- **PASSION & ENJOYMENT**

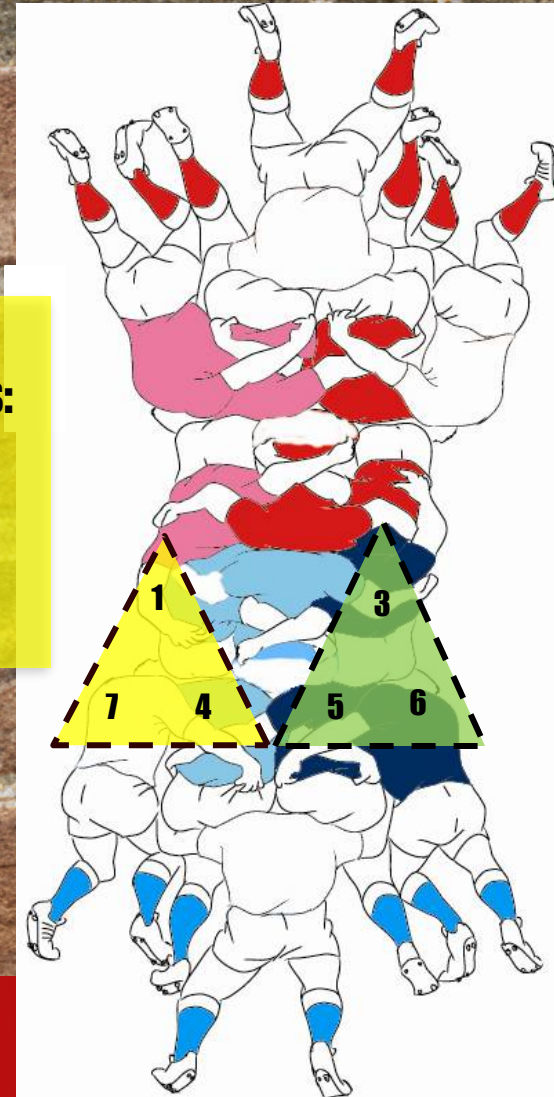


# MY PRINCIPLES

**The scrum should be strong in length before width**



**Work in Triangles:  
LH, Lock, Flanker  
TH, Lock, Flanker**







- Direction
- Hip Height 2<sup>nd</sup> Row
- Body Management
- Shoulder Contact
- Bind/Shoulder Contact
- Step Height
- Foot Angle
- Width



**THIS IS YOUR VIEW....**





# EXAMPLES

THE FOLLOWING VIDEOS ARE TAKEN IN RECENT WEEKS AND ARE FROM A LEVEL 6 & 7 GAMES AS WELL AS BERKSHIRE U20'S FIXTURE V HAMPSHIRE.

LETS HAVE A CLOSER LOOK.....



## **THINGS TO NOTE AND LOOK FOR**

- **THINK OF THE SCRUM OF A 3 DIMENSIONAL MOVING BEAST.**
- **TIGHTHEADS DON'T LIKE TO BIND HIGH – LOOSEHEADS DON'T LIKE TO BIND LONG**
- **THE HIPS DON'T LIE, SHOULDERS NEED TO BE SEEN & IN LINE WITH HIPS, KNEES AND FEET**
- **LEFT LEG FOR LOOSE, RIGHT LEG FOR TIGHT**
- **LOOK THROUGH THE TUNNEL – CAN YOU SEE AN ARM, ELBOW OR SHOULDER**
- **WHAT PICTURE IS BEING PAINTED – PRE, DURING AND POST ENGAGEMENT.**
- **WHAT DOES THE BACK 5 LOOK LIKE?**
- **WATCH THE INITIAL SET UP, ANYTHING LOOK DIFFERENT**



# **NOW - WHAT'S YOUR THOUGHTS?**

- **OF THE SCRUM AND ITS MECHANICS**
- **THE TOOLS & CLUES YOU HAVE OF THE SCRUM IN MATCHES**
- **WHAT ARE YOU MOST LOOKING FORWARD TO IN REFEREEING THE SCRUM?**
- **DID YOU GET EVERYTHING FROM THE LAST 30-40 MINUTES?**



**QUESTIONS??**

**ANY QUESTIONS?**